We are pleased to invite you to take part in the seminar: **THE SPECIFICITY OF THE OSTEOPATHIC OSTEOARTICULAR ADJUSTMENT - A Soft, Precise and Efficient Touch**

Methods to address the subject of osteoarticular adjustments that are specific to osteopathy because they respect all the osteopathic concepts and principles. Davids seminars are very well received because of his ability to apply a soft touch when establishing dialogue with the tissues, thus translating to very comfortable treatments for patients.

«apply a soft touch»

The ideal treatment goal is to achieve perfect unity between patients and osteopaths: a form of symbiosis caused by adjustments. “Our presence at the level of the tissues is one that is established not only with one’s hands but with one’s whole body.” To this end, David has established a precise teaching plan and an individually adapted pedagogy, illustrated by specific exercises, which aims to use the presence of the tissues and what a patient feels at the level of the lesion during the adjustment process. The quality of this workshop is learning how to enhance the precision of your palpation while maintaining precise dialogue with the tissues.

He has always refuted the idea that there is a blind force which exerts itself from external sources to reorganize the joints. David works in a soft demeanor and relies on neurophysiological bases which tend to locally and distantly modify tissue quality by the reflexes. The therapeutic osteopathic touch is a precise request; nothing is imposed.

**Practical Program**

- Theory and concepts of the articular tissue adjustment. The different methods to do an articular tissue adjustment
- Tissue tests: lumbar, sacral, thoracic and cervical
- General position of osteopathic manipulation for lumbar area – first treat L5
- Discussion about osteopathic cervical manipulations
- General position of osteopathic manipulation for cervical area – first treat C5
- General position of osteopathic manipulation for thoracic area – first treat middle thoracic
- Exercises to treat with impulse

Definitely a worthwhile seminar. Lots of softness and precision – very comfortable for patients.

**Recommended for:**

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**Location:**

SICO, Zinnenstrasse 7, 6353 Hertenstein Switzerland

**Dates and Time:**

- **Part 1** 1.-3. December 2018: 9am – 5.30pm
- **Part 2** 8.-10. March 2019: 9am – 5.30pm

**Cost:** lunch included

- Course part 1 or 2: CHF 790.00
- Bundle part 1 & 2: CHF 1390.00

**Inscription:**

e-mail: susan.kuhn@sico.ch
phone: + 41 41 390 11 82
Fill out and send in a window envelope:

SICO Swiss International College of Osteopathy
Zinnenstrasse 7
6353 Hertenstein

Inscription

☐ Bundle Course Part 1 & 2 CHF 1’390.-
☐ Course Part 1, 1.- 3. December 2018 CHF 790.-
☐ Course Part 2, 8.-10. March 2019 CHF 790.-

First Name, Last Name
Address
Postal Code, City
Phone, E-mail

☐ I eat vegetarian ☐ I need special food:

☐ Yes, I need a room: ☐ Single room EZ
  ☐ shared bathroom or ☐ bathroom onsite

  ☐ Double room DZ, shared with:
  ☐ shared bathroom or ☐ bathroom onsite

Date, Signature

Please return to
SICO Swiss International College of Osteopathy
Zinnenstrasse 7, 6353 Hertenstein